



at the
Irving M. Shuman Campgrounds

CAMP CENTERLAND PARENT HANDBOOK

Camp Mission

The JCC's Camp Centerland provides a stimulating and nurturing environment based on Jewish values for kids of all faiths and backgrounds.

Camp Vision

Camp Centerland is a place where each child develops the confidence to be the best that he or she can be, and in turn, a contributing member of the greater community.

Camp Philosophy

Camp Centerland's philosophy is rooted in the belief that teaching and demonstrating the Jewish values of *chesed* (kindness), *kehillah* (community) and *tikkun olam* (healing the world) is as important as splashing in the swimming pool, enjoying a Popsicle on Wednesday, or singing favorite camp songs. *Limmud* is the Hebrew word for learning, which is at the heart of everything we do. *Limmud* (learning) is the foundation of our diverse camp community and it enables everyone to gain a deeper sense of identity and belonging.

Contacting Camp

CAMP CENTRAL OFFICE (June 25 – August 26)

Receptionist (Main Line): (716) 382-5566

Fax: (716) 688-3572

Mailing/Physical Address: 2640 N. Forest Road, Suite 100, Getzville, NY 14068

OFF-SEASON Telephone: (716) 688-4114 x346 (until June 26; starting August 25)

Email Address: campcenterland@jccbuffalo.org

Website: www.campcenterland.org

Facebook: LIKE and follow us at www.facebook.com/campcenterland

Dear Summer Camp Family,

Welcome to our 62nd Centerland Summer. This year our theme is “Camp Centerland, Amazing Inside and Out” We will celebrate different friendships all summer long through creative programming, hands on enrichment, cultural and value driven activities, sports, the arts and much more. Our campers will rotate through different specialty area mods in between splashing in the pool and special camp programs. Please take note of the lunch options available to campers. You can pre-order from Riva’s catering at the pre-payment cost of \$5 a day or \$6 for same day orders. You are also able to send your child with a lunch in an insulated lunch tote that will be refrigerated.. As a third option, you may contact the JCC Tel Aviv Café directly to arrange ordering and purchasing a Kosher lunch. Every Friday we will celebrate Shabbat with a fun and meaningful program led by staff and leaders in the community. We are looking forward to helping your child/ren create memories that will last a lifetime here at Camp Centerland.

The Jewish Community Center has a long history of successful summer camping in the Buffalo Community. Our camps are known for providing your children with a safe, enriching and memorable summer experiences. Led by well qualified, talented staff, JCC programs are developed and designed to deliver the ultimate level of quality you and your family deserve and have grown to expect.

Please read the rest of this manual carefully so that you know what to expect this summer and throughout the summer keep your eyes on our social media outlets for camp updates.

Betsy Abramson, Director
babramson@jccbuffalo.org
(716) 204-2078 Benderson

Christine Dusher, Assistant Director
cdusher@jccbuffalo.org
(716) 886-3172 x420 Holland

Shea Akers, Program Director
sakers@jccbuffalo.org
(716) 688-4114 x303 Benderson

Jason Palevsky, Out of Season Rental Coordinator
jpalevsky@jccbuffalo.org
(716) 688-4114 x313 Benderson

Doris Shearn, Administrative Assistant
dshearn@jccbuffalo.org
(716) 204-2079 Benderson

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SECTION 1: Being Prepared for Camp

Camper Groups and Counselors

Groups (campers are placed in groups based on the grade they are entering in the fall)

Sharon –Kindergarten

Negev – 1st and 2nd Grades

Yehuda – 3rd and 4th Grades

Atid – 5th and 6th Grades

Discovery – 7th, 8th and 9th Grades

CIT – 10th Grade

Counselors/Specialists

Camp Centerland hires enthusiastic, child-focused staff seeking to be positive role models in the lives of children. We take pride in our staff and offer a minimum of 24 hours of training, which includes health and safety, developmentally appropriate practices, communication, risk management, supervision and other camp related topics. They have backgrounds in camping, education and Jewish studies.

Each camper group is led by a Head Counselor. This person is typically a teacher, someone with a post grad degree or has many years working in summer camping. All groups will also have a General Counselor over 18 years old. Many groups are also assisted by Junior Counselors.

All activity areas are staffed with trained and experienced specialists. If you have any questions about your child's camp experience, please feel comfortable speaking with your child's Unit Supervisor or contact a Camp Director.

What Should My Child Wear to Camp?

Pack: A school backpack, vinyl backpack, or any other wearable, over the shoulder pack should be worn by every camper, every day.

Footwear: Shoes suitable for walking and/playing sports on grass and pavement are required. Appropriate closed-toe and closed –heel shoes include sturdy tennis shoes or some other type of sport shoe. Sandals will only be allowed for wearing during swimming. We will call you to bring appropriate footwear if your child comes wearing shoes that are not appropriate for camp.

Clothing: Campers should be dressed comfortably each day. We will be outside during the day and campers should be dressed appropriately for the weather. Please only send your child to camp in clothes that you are okay with getting dirty. All campers should have some sort of hat. Hats will help prevent sunburns when we are outside and on our field trips.

Topical Sunscreen: Campers should always arrive with sunscreen already applied. Staff will re-apply sunscreen at intervals throughout the day.

Free camp T-shirt: We ask that campers participating in out of camp field trips wear their camp T-shirt. This will help us to easily identify campers. Additionally, on Fridays we ask that everyone wear a camp shirt.

Swim Wear: Campers should have a bathing suit and up to 2 towels for swimming. (2 towels are only necessary if your camper is in Junior Camp or will choose to swim during Senior Choice). They will be given time to change into and out of their swimsuits. Campers who forget their swimsuit will have to sit

by the edge of the swimming pool.

Water Bottle: Campers must have a water bottle with them each day at camp. We will re-fill it throughout the day so a size bottle relative to the age and size of the child is fine. Hydration throughout the day is essential.

Bug Spray: Please apply insect repellent each day before drop off

Optional Additional Gear:

Hat

Raincoat

Sweatshirt/Outerwear

Sunglasses

Labeling

PLEASE CLEARLY MARK EVERYTHING YOUR CHILD BRINGS OR WEARS TO CAMP WITH FIRST AND LAST NAME!

Names are easiest to spot if they are marked on neckbands, waistbands or towel corners. Every attempt will be made to return LABELED clothing to your camper. If an item has been lost at camp and your child needs assistance finding it, please send an email to campcenterland@iccbuffalo.org. If your item is not returned promptly you may want to stop by and check out our Lost and Found in the main camp office. Many times items are accidentally brought to the Lost and Found at the Outdoor Pool Complex. We recommend searching there as well.

Oliver's Labels

We are currently fundraising with Oliver's Labels for Camp Centerland. They provide different ways to permanently identify camper's belongings. Go to www.oliverslabels.com/Centerland for more information.

What NOT to Bring to Camp

Valuable items such as expensive cameras, game systems, cell phones, tablets, designer clothes and jewelry can be easily lost or broken at camp and we recommend that these items stay at home. We cannot be responsible for lost, broken, or stolen items.

Do I need Equipment from Home?

We provide everything needed for each day of camp. We ask that kids don't bring: personal toys, animals, or sports equipment. We want to make sure that your child does not lose something precious to them and camp is a way to introduce them to a new experience.

SECTION 2: Getting to Camp

Transportation

Car Lane Drop Off/Pick Up

Morning drop off at camp is 9:15 a.m. – 9:30 a.m. Afternoon pick up will begin at 4:00 p.m. and end by 4:15 p.m. Campers will be helped in and out of the car by our camp staff, so there is no need for you to exit your vehicle.

Specific procedures will be sent in a mailing in June. At that time, if you have completed all steps in the enrollment process, you will receive your child's "Passport to Camp" in the form of a family pick-up card. If you do not receive this card, check with the office to ensure all paperwork has been received.

Carpool Lane Communication: If you would like to speak with your child's counselor, we ask that you park your vehicle in the JCC parking lot and walk over to the Camp Offices. If you would like a supervisor to contact you please provide a written note to the staff member who greets your camper. Staff are instructed to give notes to the Camp Receptionist who will have the appropriate staff person get in touch with you. Phone calls will be made after 10:00am when the first activity period of the day begins.

Holland Express Bus

Each morning and afternoon, Centerland staff will greet the campers as they board the bus and set the tone for the rest of the day. Campers get that 'Centerland Spirit' while making new friends during the fun and safe express bus ride to and from camp. The pick-up and drop-off location is in the rear parking lot of the Holland Family Building.

Morning Bus Departure

We ask that parents have their campers at the bus stop by 8:55 a.m. and wait with their children until the Bus Counselor checks the camper onto the bus. The Bus Counselor will also take any notes or medication that need to go to camp.

Afternoon Bus Arrival

Please be patient while campers exit the bus because Bus Counselors need to make sure that each camper is met by his/her parent or guardian. Parents should always sign children out with the bus counselor before departing with the camper. Please be on time when picking up your child. The bus should arrive at 4:30 p.m. Any campers not picked up at 4:30 p.m. will be taken to Extended Care in the downstairs Kids Place room and the parent will be charged \$5/child/partial or full half hour of care.

Bus Schedule Change

Campers must ride the bus they have registered for on a regular basis. If a change must be made, parents are required to contact Doris Shearn at 204-2079 or dshearn@jccbuffalo.org.

Bus Behavior

For safety reasons campers must remain in their seats for the entire bus ride. Though New York State law does not mandate seat belt use on buses, Camp Centerland will enforce seat belt use. Campers should eat breakfast prior to boarding the bus because food cannot be eaten on the bus. While on the bus, campers who demonstrate appropriate behavior and listening skills will be able to sit with whomever they please within normal bus safety parameters. Bus staff will sing songs, play games, and tell stories to the campers to and from camp.

All campers under 5 years old are required by New York State to sit in a special seat provided by the bus company.

Missing the Bus

If you miss the bus, please notify camp as to whether or not you will drive your child to camp or if he/she will be absent.

Extended Care

As a convenience for working parents, campers may be dropped off at either the Holland Family Building or Camp as early as 7:30 a.m. and picked up from these same locations as late as 6:00 p.m. Camp staff will be on duty to supervise these campers. Unlimited use of Extended Care can be included in your Camp tuition for a cost of \$50/week. If you did not indicate on the registration form and would like to register your child for Unlimited Extended Care, please contact the camp office. For parents that do not sign up for the Extended Day service, services may still be used at the rate of \$5/child/partial or full half hour of care per day. Payment can be made at the time of service in the form of cash, check or charged to the credit card on file.

We now have an access security system at both JCC buildings. During the camp season, this system will primarily affect the arrival/departure procedures for families doing Extended Care at the Holland

Building in Buffalo. To enter the building and the Extended Care area, a JCC access card is required. For Authorized Grown Ups that do NOT have a JCC access card, the Member Services desk can issue a Camp Centerland Visitor Pass, that must be picked up and returned to the Member Services desk at each visit.

Late Arrival to Camp/ Early Pick Up From Camp

During the camp season, if you bring your child late to camp or make arrangements to pick up early, you must stop in at the Camp Office to sign your child in or out. Please park in the JCC parking lot and walk over to the Camp Office. Please provide advance notice of either a late arrival or early release.

Absence from Camp

If your child will be absent please notify camp by 9:00 a.m. An email to campcenterland.org@jccbuffalo.org or a voicemail to camp is sufficient. Please include the following information in your message:

- Name of Camper
- Reason for Absence
- Expected date of Return

SECTION 3: BEING AT CAMP

Food at Camp

Snacks

Camp will provide an afternoon snack to campers. Please let camp know about any food allergies on the medical form.

Lunch

Because of our busy schedule, lunch-time is an important part of the day for campers to relax, socialize and be nourished. Please let camp know about any food allergies, intolerances, or special dietary restrictions on the medical form. NEW in summer 2017, Camp Centerland is not providing a daily lunch. Campers are welcome to bring a lunch from home, which will be refrigerated. Camp will provide milk daily with lunch. Additionally, a daily dairy/vegetarian lunch is offered for pre-purchase for campers attending both Specialty Camp and Traditional Camp from Riva's Catering. Although Riva's Catering will be a dairy meal, they are not kosher. Families observing strict Kosher Dietary Laws may contact the Tel Aviv Café for more information on purchasing Va'ad supervised meals if needed -. Lunches from home will be refrigerated until mealtime but we still suggest using a recyclable insulated bag.

Water

Campers are encouraged to drink plenty of water during each day. Please send your child to camp each day with a labeled bottle. We will refill it as needed. Bottles should come to camp only with water in them.

Sample Daily Schedule

Sample Daily Schedule (Junior Camp M-Th)

9:15-9:30	Arrival and Boker Tov
9:30-10:00	Flagpole/Attendance
10:10-10:50	Mod 1 (Music)
11:00-11:40	Mod 2 (Swim Lesson)
11:50-12:30	Mod 3 (Low Ropes)
12:40-1:10	Lunch
1:20-1:50	Mod 4 (Sports)
2:00-2:30	Mod 5 (Free Swim)
2:30-2:45	Snack
3:00-3:30	Mod 6 (Arts & Crafts)
3:40-4:00	End of Day
4:00	Buses Depart
4:00-4:15	Pick-up/Goodbyes

Sample Daily Schedule (Senior Camp M-Th)

9:15-9:30	Arrival and Boker Tov
9:30-10:00	Flagpole/Attendance
10:10-10:50	Mod 1 (Rockwall)
11:00-11:40	Mod 2 (Sports)
11:50-12:30	Mod 3 (Swim Lesson)
12:40-1:10	Lunch
1:20-2:00	Mod 4 (Senior Choice i.e. Ceramics)
2:00-2:30	Mod 5 (Senior Choice i.e. Zipline)
2:30-2:45	Snack
3:00-3:30	Mod 6 (Chugim i.e. Israeli Cooking)
3:40-4:00	End of Day
4:00	Buses Depart
4:00-4:15	Pick-up/Goodbyes

Swimming & Changing Procedures

Each child will have a swim evaluation on their first day at Camp Centerland before they enter the water. The swim evaluation will help our lifeguards assess your child's ability in the water and determine the swim level he/she should be placed. The test begins with very basic water skills. In most circumstances, younger children will be given a red bracelet upon arrival at their swim test designating them as non-deep water swimmers. We are aware that there are younger campers that are swimmers and they will be tested appropriately. Some campers may exhibit stronger swim skills during the school year. At camp other factors (heat, exhaustion from camp activities, etc...) may impact their swim test placement.

The swim evaluation consists of:

1. Jump into deep end
2. 25m front crawl
3. 25m backstroke
4. 15m breaststroke
5. 15m elementary backstroke
6. 1 minute each of treading water and floating

Safety

During free swim, Counselors are stationed at areas on the pool deck or are in the water with the campers. All campers must be evaluated to determine whether they are a "swimmer" or "non-swimmer". A "non-swimmer" may not be in water deeper than chest high unless participating in group swim lessons. A color-coded bracelet is worn by all campers to identify the swim level and is marked on the Buddy Sheet clipboard. Please understand that even children who are strong swimmers at home or during the school year in different swim programs may test differently at camp. The activity level of camp is higher than a typical day and combined with the heat, they may have a different level of endurance.

Buddy System

Camp Centerland utilizes a Buddy System for swim safety. Buddies swim together and are responsible for looking out for each other. Buddies can have the same swim ability or if mixed, campers with the higher ability must stay with the camper of lower ability. The staff stationed on the pool deck will conduct head counts and buddy checks at least every 15 minutes.

Swim Lessons

Our camp swim program is led by staff certified by the American Red Cross. It is a program that is designed to promote a love of the water and forward development for each campers swim skills. It is highly recommended that campers attend several consecutive camp sessions in order to derive the

maximum benefit from their swim lessons. Campers will be evaluated and placed in a swim group with campers with a similar skill set.

Communication

At the end of each week, a skill review card will be sent home. Intermediate updates can be provided at any point during the summer. Please e-mail or call camp if you would like more news on your child's swim progress.

Goggles & Water Shoes

Most campers are comfortable barefoot, but some prefer to wear water shoes in the pool. Water shoes are always permitted during free swim, but campers may be asked to remove them during swim lessons so they can practice various skills. Goggles also help some kids feel more comfortable in the water. Remember to label Goggles too!!

Changing

We ask that campers come to camp wearing a bathing suit underneath their clothes so that they can spend more time swimming and less time changing. Counselors are always available to help campers with their changing needs.

Special Activities

Rainy Days

Camp will be held regardless of the weather. We follow the regular schedules, implementing specially designed rainy day programs when necessary. Many times the rain clears up and we return to normal programming. On rainy or wet mornings carpool may be moved so look for signs or staff indicating the change.

Cookouts and Overnights

A schedule of Stay-Lates and Overnights are listed on Camp Centerland's webpage calendar, www.campcenterland.org/activities/calendar.

Out of Camp Trips

Discovery campers (7-9 Graders) and Atid (5-6 Graders) are taken out of camp on field trips throughout the summer. Supervision during out of camp trips includes the use of an attendance card to identify who is on the trip. Counselors assigned to campers must keep continual visual contact of campers. A first aid kit will accompany the group and at least one staff will be CPR/FA certified. The Trip Leader will carry a cell phone.

Birthdays

Summer birthdays are special so Camp Centerland will provide a complimentary treat to be shared with your child's entire camp group during the week of his/her birthday.

Afternoon Activities

Shlichim (Israeli Ambassadors)

Camp Centerland partners with The Jewish Agency for Israel and the Summer Shlichim Program to bring Israeli staff members to camp as part of our Israeli summer exchange program. The staff, who have just completed his/her army service, is excited to work at camp to bring a taste of Israel to our campers. They will act as specialists for activities as well as join with everyone each Friday to explore song, dance, games, food, culture, language, etc. Local families will host them for 2-4 week intervals

Chugim (Hobby)

This activity period is a time for your Senior Camper to focus on what he/she loves. Chugim selection will take place after lunch on Monday after counselors "advertise" the class in a skit. Camper groups will be randomly selected and activities will fill first come, first serve. Chugim activities will take place during

the last mod Monday-Thursday.

Senior Choice

Senior and Discovery Campers get to create their own afternoon schedule. This way Senior and Discovery Campers have more choice than ever. Campers will select a preferred afternoon activities for the week after lunch on a first come, first serve basis. Almost all activity areas are available for choice including recreational swim time and senior choice exclusive activities like Ceramics, Zipline, High Ropes course and more.

Recreational Swim

Daily recreational swim is offered to all campers that participate in instructional swim. Older campers have the option to select free swim as part of senior choice option. Along with lifeguards, the counselors also supervise the campers from inside and outside the water.

Shabbat/Award Ceremonies

Every Friday afternoon we welcome the coming of the Sabbath (the Jewish day of rest that runs from sundown Friday evening to sundown Saturday night) as a camp community. The entire camp gathers for blessings over the Shabbat candles, "wine", and bread (challah - delicious egg bread that the kids LOVE), a weekly lesson incorporating various Middot (Jewish Values) is presented along with other singing and celebrating. This is also the time of day that we have our weekly award ceremonies, many of our campers have accomplished or achieved milestones here at camp and we want to recognize those moments before we say Shalom (goodbye) and head home.

Camp Behavior Policy

Teaching appropriate behavior and values is an important part of the Camp Centerland experience. We aspire to create a safe and stimulating environment for all campers - an environment where sensitivity, respect for others, and cooperation are valued.

We have developed and maintain a Code of Conduct for the members of our community. The code is intended to be a guide for general behavior. Please review this with your camper.

1. Each person is respected and valued.
2. Each person has a responsibility to help make camp a better place.
3. Each person is expected to choose appropriate behaviors and language and encourage others to do so.
4. Each person is expected to think about the results of one's actions and how they affect others.
5. Each person is expected to solve disagreements by talking, listening and compromising.

Discipline and Behavior Management

Behavior management is essential in order to ensure the safety and enjoyment of all campers. Discipline and behavior management helps children to feel secure while building self-control and self-esteem. The objective of discipline and behavior management is to promote behaviors that are beneficial to the child's development and welfare, and to change and/or eliminate behaviors that are harmful or distressing to the child or others.

These are acceptable behaviors:

- Complimenting your friends
- Cleaning up after yourself throughout camp
- Using your manners
- Listening to the staff
- Following the rules of camp
- Having fun

Unacceptable behaviors are in direct violation of our Code of Conduct. These unacceptable behaviors

include but are not limited to:

- Possession or use of any drug or other illegal substances
- Bullying type of behavior
- Indecent exposure
- Inappropriate use of language (i.e. cursing)
- Graffiti of any type
- Leaving the group without permission
- Raiding and/or interfering with other people's property
- Possession of any medication not kept locked in the Camp Infirmary
- Any inappropriate public display of affection
- Physical aggression (anything unacceptable in public, i.e. fighting)
- Possession of any destructive objects, i.e. knives, etc.
- Starting a false alarm or tampering with the fire extinguisher

Consequences for Inappropriate Behavior

Please assist us with explaining to your child what behaviors are and are not appropriate at Camp and what the consequences are of inappropriate behavior.

If a counselor is unable, through discussion with a camper, to solve the problem, the counselor will bring the camper to camp administration (Unit Supervisor, then Assistant Director, then Director) where the following procedures will be implemented.

First Occurrence – The first time an incident happens will result in a phone call home. Your child's Unit Head will explain to you what happened and that such behavior is not acceptable. The camper may automatically be given one day suspension from camp, with no refund for that day. Staff will explain the policy to the parent. The Unit Head will also contact the parents of the recipient of the incident, so that they are aware of what has occurred and assured that the matter is being dealt with appropriately.

Second Occurrence – The second time an incident occurs will result in a second phone call home from a Camp Director. At least one day suspension will be given, if not more (with no refund) and it will be explained to the parents that the next occurrence will result in the camper's expulsion from camp without a refund.

The Camp Director will also contact the parents of the recipient of incident, so that they are aware of what has occurred and assured that the matter is being dealt with appropriately.

Third Occurrence – The third incident will result in immediate expulsion from camp without refund. The Camp Director will make final determination for expulsion. The Camp Director will also contact the parents of the recipient of incident, so that they are aware of what has occurred and assured that the matter is being dealt with appropriately.

In addition, the Director reserves the right to send any camper home if she determines that certain behavior does not conform to the health, safety or philosophical standards of camp.*

*No refunds will be made for any time a camper is suspended due to inappropriate behavior.

**If you have any questions or comments about the new Camp Behavior Policy please contact Betsy Abramson, Camp Director at babramson@jccbuffalo.org.

Lost and Found

Camp Centerland CANNOT ASSUME LIABILITY FOR THE LOSS OR DAMAGE OF ANY ITEMS. Items left by campers will typically be stored at the Camp Office. Camper items found will be stored in a "Lost and Found" bin in the camp office. Some lost items can be found in the Outdoor Pool Complex lost

and found bin as well.. Periodic emails or social media posts of the items found at camp will be posted. Any items not claimed at the end of the season will become the property of the JCC or will be donated to charity as part of our “Living Tikkun Olam” philosophy. The best way to deal with lost and found is to prevent it by labeling your child’s belongings with their first and last name.

Unplug

Camp Centerland IS AN “UNPLUGGED” CAMP. The time campers and staff spend here is focused on learning, interacting, building relationships and making friends. Taking a break from tablets, cell phones, gaming devices and computers allows campers to focus on these important face to face interactions. We ask that all electronics are left at home. Any electronics that are brought to camp will be held in the camp office until the end of the day.

Parent Communication

Communication is essential to providing a great summer experience for our parents and campers. We will keep you informed of activities and upcoming events through a weekly email newsletter and additional email notices when necessary. Please make sure to check your email regularly.

The Camp Centerland website and Facebook page will be updated with camp pictures and announcements.

Each Friday a camper driven newsletter reviewing that week’s activities and any announcements will be emailed home.

PLEASE MAKE SURE THAT WE HAVE YOUR E-MAIL ADDRESS. Special notices for field trips, Stay-Lates, overnights, and cookouts will also be sent home with your camper(s) regularly.

Text Messages

It is the JCC’s policy that departments that offer programming and services to children must communicate a social media policy to parents and guardians. Out of camp communication between staff and children in kindergarten through 9th grade is not permitted. This includes but is not limited to text messaging, tweeting, online video gaming and all social networking websites. If a child contacts a staff member via text messaging, the employee should not respond but should report the incident to his/her supervisor immediately. The supervisor will alert the parent or legal guardian that a text was sent.

SECTION 4: BEING (AND STAYING) HEALTHY AT CAMP

Medical Personnel

In accordance with NYS Department of Health requirements, Camp Centerland staffs a full-time Camp Nurse to be on premises during the entire duration of the camp day. The Camp Nurse at Camp Centerland is a NYS licensed medical professional. The Infirmary is stocked with the following supplies: Refrigerator; Medical Supplies; Locked Medicine Cabinets; Cots with Clean Linen.

Medical History/Screening

It is important to us that every camper is in good health. All medical forms must be completed and signed

in order for your child to be accepted at camp. New York State regulations require that everyone participating in a camp program have a recent (within 1 year) medical record on file. We ask that forms are submitted to the Camp Office by June 1 so our Camp Nurses can review each camper's medical record and history.

Full Disclosure is needed on the medical form. Please be sure to list any relevant medical information about your child, including (but not limited to) allergies, current medications, and medical conditions/history.

Wellness Policy

One of the more difficult decisions parents have to make is deciding when a child is too ill to attend camp. This decision affects not only parental work schedules and plans, but also the child's physical and emotional wellbeing and the health of everyone in our camp community. The guidelines below should help you decide when it is appropriate to keep your child home.

Too ill to play - A child who is ill or in pain cannot be comfortable or adequately cared for in a camp setting and should stay home until the discomfort has been investigated and the child feels well enough to return to camp and fully participate in the normal routine.

Vomiting/diarrhea – If your child vomits once, he/she may attend camp as long as there is no accompanying fever or change in behavior. If he/she vomits more than once he/she should stay home. If your child has mild diarrhea but is otherwise fine, he/she may attend camp. If the stools are green or bloody or are accompanied by vomiting, fever or pain, he/she should stay home and a physician should be contacted.

Fever – A child with a fever greater than 100.4 will be sent home and not allowed to return to camp until they are fever-free for 24 hours without the use of medication.

Rash – A child with an unidentified rash must be seen by a physician before returning to camp.

Communicable diseases – If a child has a confirmed case of a contagious illness/condition, he/she must be kept at home and the facts of the condition reported to the Camp Director. At the discretion of the Director, parents/guardians may be asked to submit a doctor's note prior to a child returning to the site. Examples: Strep Throat, Hand, Foot, Mouth Disease, Impetigo, Chicken Pox, and Lice

Needs more care than normal – A child that cannot participate in normal camp activities or requires more care than staff can provide should stay home until they feel well enough to return to their normal routine.

Should any of these conditions arise while your child is at camp, the Camp Nurse, Camp Director or Assistant Director will contact you by telephone to discuss whether a pick up is necessary.

Allergies

As each food allergy is unique, your child's Unit Supervisor will be in contact with you before your child's camp experience begins to create an individualized action plan.

Medical Emergencies

In the event a child has an accident requiring more than routine, in-camp treatment, parents must assume all costs for out-of-camp medical treatment. You will be billed directly for any medical care. Be assured that the camp will make every effort to reach you regarding any type of medical concern. You have signed a Medical Authorization Form that authorizes the Camp Director to secure proper treatment for your child.

Reporting Illness or Injuries

We ask that the camp be notified if your child contracts any communicable disease during the three weeks prior to the camp session he/she attends camp, or while enrolled at camp.

Medication and First Aid Policies

If your child needs to take medication during the camp day or needs to have medication and/or medical devices for allergies, asthma, diabetes or other conditions available during camp, you **MUST** provide the medication and signed Doctor's Orders.

The Camp Nurse will administer the medication as scheduled. Camp staff cannot administer the first morning dose of any medication. All medication and/or medical devices must be turned in directly to camp staff on the first day your child attends camp and should be in the original container with the child's name, dosage instructions, and physician's name and number clearly labeled. Please make sure that you have duplicate medical supplies at home so you are not dependent upon back and forth transport of such items.

Counselors are prepared to carry any emergency medical items such as inhalers or EpiPens. Inhalers and EpiPens will be stored in the portable medical bag that is with each group's Head Counselor, unless otherwise directed by the physician.

Non-emergency medical items are stored in a portable medical bag and kept under the supervision of the Camp Nurse. The Unit Supervisor and/or Camp Nurse will work with you on medical/medication administration or management while your child is at a Stay-Late, Overnight or Extended Trip. Campers may not carry any non-emergency medical items including aspirin type products.

Sunscreen and Bug Repellent

Parents should apply sunscreen to children **BEFORE** they come to camp in the morning. Sunscreen will be reapplied mid-morning and again mid-afternoon. Counselors will use camp provided sunscreen as specified. We use Rocky Mountain Sunscreen SPF TiO2.

Health Checks

Staff will perform daily and routine health checks on campers during attendance taking. If anything seems out of the ordinary, the counselor will escort the camper to the Mirpaah (infirmary). All staff are also required to have a physical examination before starting work at camp.

SECTION 5: BEING SAFE AT CAMP

Department of Health Policies

Camp Centerland operates in accordance with all New York State Department of Health regulations and requirements for summer day camps. Minimum staff to child ratio is 1:10. For groups with campers 10 years and above the ratio is 1:15.

Lost Camper Plan

If a counselor identifies a camper is missing from the group the following actions will take place: Someone will discreetly report this information to a Director. Using communication devices, several staff will be notified about the missing camper and will proceed to search the area. After 5 minutes of searching, all staff involved will report back to the Director. Camp will then run a "fire drill" to assemble all

of camp and take a head count. If the camper is not found, the Director will contact the police and parents. Additional information gathering from other campers and staff will take place.

Fire Drills and Evacuation Policy

Per Department of Health Regulations, Camp Centerland performs a fire drill each week. If applicable, all of camp will gather in a predetermined location, head counts are taken, and then everyone waits for further instructions.

Lightning Plan

When thunder is heard outdoors, the campers will be directed to a safe shelter, away from potentially hazardous outdoor areas. If there is not enough time to reach indoor facilities safely, children are instructed to stay away from tall trees and water. They will be instructed to seek shelter in a low area under a thick growth of small trees.

Hiring Procedures

All applicants are required to complete the JCC Day Camp Application and background check policy and release statement. All potential staff, including some returning staff, are scheduled for individual interviews where previous experience with children, discipline, appropriate and professional interactions, group management techniques, and creative planning are discussed. Camp Centerland performs background checks and three (3) reference checks for each candidate. Each candidate also must clear the Statewide Central Register Database, NYS Sex Offender Registry Database, and the background check performed by the JCC with Intellicorp.

Staff Training

Mandatory pre-camp staff training sessions cover a range of topics mandated by the Department of Health. Ongoing staff development also occurs each week during the camp season.

Day Camp Registration Terms of Enrollment

Discount Policy

1. Registrants for JCC camps must be in good standing with the JCC of Greater Buffalo.
2. Registrants must be members in good standing
3. S'more/Early Bird Discounts do not apply to changes, adding weeks or registrations after their respective deadlines.
4. Discounts may not apply to all JCC Camps.

Refund Policy

1. Prior to April 1, ALL camp fees and deposits are refundable. From April 1 - June 1, fees are refundable but Camp will retain the deposit. After June 1, all fees including the deposit are non-refundable.
2. All JCC camp deposits and fees are non-transferable.
3. No fee reductions, refunds or credits will be made for absences or withdrawals during the camp season.
4. No refund will be given for children sent home due to disciplinary or adjustment problems.

Enrollment Terms

1. In accepting an enrollment, the JCC camp reserves a place for your child. If, for any reason, the enrollment must be cancelled or changed, the JCC camp must be advised in writing.
2. Camp requires a completed and signed Medical Health Form in your child's file prior to the first day of camp.

3. There will be a \$25 administrative charge for any registration changes made after June 1.
4. Camp reserves the right to cancel any Camp due to insufficient enrollment. In this event, we will make every effort to accommodate the child in one of our other programs.
5. The Camp Director reserves the right to cancel any camper's enrollment or dismiss a camper whose conduct, influence or behavior is deemed unsatisfactory to the best interests of the camp.

General Terms

1. Any photo or video taken of participants by the JCC may be used for marketing purposes.
2. The JCC of Greater Buffalo and Camp Centerland are not responsible for loss or damage to campers' property during the camp season.
3. By enrolling in camp, parents agree that all children may participate in all camp activities, overnights, and trips that may include field trips off the premises.
4. The Camp Administration reserves the right to place campers by camp and program level, according to the camper's age level and readiness.
5. The Camp Director should be made aware in advance of any special needs or limitations of an individual camper
6. If a camper is injured or becomes seriously ill, the Camp Director will select secure proper medical treatment and/or hospitalization, including, but not limited to ordering injections, anesthesia and or surgery. Parents will be held responsible for all out of camp medical treatments, costs and or medications as prescribed.

SECTION 6: MISCELLANEOUS INFORMATION

Visitors at Camp

All Visitors must stop and sign in with the receptionist at the Camp Office and get a nametag.

Adding Weeks (Rollover)

If your child is having such a good time at camp, and he/she wants to continue, we will accommodate this request as long as there is space available. It will be necessary to make the additional payment prior to the start of your child's additional weeks. We must have at least one week notice of extension unless the child is only originally enrolled for one week.

NO Tipping or Gratuity Policy

Please be advised that there is no tipping or giving of gifts to staff at Centerland. Parents who wish to show their appreciation for a particular counselor are asked to make contributions to the Camp Centerland Fund. Parents may also tell the Director so that a note can be placed in the counselor's personnel file so the staff is considered for a merit bonus at the end of the summer.

Directions

Camp Centerland is located at 2640 North Forest Rd, Getzville, NY 14068

From the Northtowns

- Merge onto I-290 to the I-990 N (Exit 4)
- Exit at Audubon Pkwy (Exit 3)
- Turn RIGHT on Audubon Pkwy
- Turn RIGHT on North Forest Road

- Arrive at The Jewish Community Center (on LEFT)

From Downtown Buffalo

- Merge onto RT-33 E
- Merge onto I-90 E toward Albany
- Merge onto I-290 W toward Niagara Falls (exit 50)
- Exit at Millersport Hwy N (Exit 5B)
- Turn LEFT on North Forest Road
- Arrive at The Jewish Community Center (on LEFT)

From the Southtowns

- Merge onto I-90 E toward Albany
- Merge onto I-290 W toward Niagara Falls (exit 50)
- Exit at Millersport Hwy N (Exit 5B)
- Turn LEFT on North Forest Road
- Arrive at The Jewish Community Center (on LEFT)