



# The Centerland Chronicle

## WEEK ONE WELCOME!!

Shalom parents and campers! The staff at Camp Centerland are psyched that you are here to share our summer of fun! We have planned 8 weeks of excitement and adventure all for you!

This week's theme is "Bereshith", which means "In the Beginning". Campers will be participating in activities that teach us to create, to build, and to care for our planet.

Back this summer are the ever-popular Chugims! These

"hobby groups" will meet on Tuesdays and Thursdays to learn a skill, make new friends, and have a blast! Each week brings a choice of at least five brand-new Chugims .

We are looking forward to celebrating our first Shabbat of the summer. Our Shabbat schedule includes a camp-wide game, group presentations, weekly awards, traditional songs and blessings in Hebrew, and much more!

Swimmers have



Yehudas relaxing in the sun

been undergoing testing to find out their ability levels in the water so that they can have the best experience and learn the most this summer in our pools. Read more about the swimming levels in this weeks' "Swimmer's Corner" on page 3 of the Chronicle.

Stay tuned for more updates weekly from The Centerland Chronicle.

## LETTER FROM THE DIRECTORS

We are so excited to see many familiar faces returning this summer. The loyalty of our families is overwhelming. The Jewish cultural traditions and activities will even further enrich your children's summer experi-

ences. Our goal is to make each summer even better than the previous.

New this summer at Camp Centerland... voicemail! Now you will be able to leave us messages 24/7 (but not too many... there's a limited

capacity!) As always feel free to call us with any questions or concerns.

Sincerely,

Lauren Cohen

Director

Christine Sarra

Asst. Director

### Camp Centerland

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#### Special points of interest:

- ☺ Apply sunscreen to your child every morning.
- ☺ Label EVERYTHING!
- ☺ Campers must wear sneakers to camp.
- ☺ Please bring goggles.
- ☺ Please refrain from sending in snacks with traces of peanuts or nuts.

**Note:** Our kitchen will provide a snack (such as cookies, crackers, popsicles, and chips) every afternoon. It is very important the kitchen is aware of all food allergies or dietary concerns. Feel free to send your child with a snack of their own if you are concerned they will not enjoy the

# COUNSELOR ENCOUNTERS WITH ALYCIA

## Meet Eric

Hometown: Buffalo, NY

Position: Aquatics Director

Years at Centerland: This is Eric's 1st year.

Hobbies: Swimming, Biking, City-life, Spending Time Outdoors

Goal: "To be a happy, healthy soul"

Favorite Food: Cheeseburger & Milkshake

Hidden Talent: Cartwheels

## Meet Jackie S.

Hometown: Pittsburgh, PA

Position: Yehuda Counselor

Years at Centerland: 2nd year as Staff Member, has attended Centerland since she was a Yehuda!

Hobbies: Frisbee, Sports, Boon-doggle

Goal: "To get crazy while being responsible."

Favorite Food: Strawberries

Hidden Talent: Ear Wiggling



Above: Jackie  
Below: Eric



## NURSE'S NOTES

Camp Centerland's own Nurse Amy has a few reminders and tips to share with our families. Please be sure your medication forms are completed in full! This information is very important, and we may not provide medical

care without these completed forms.

Also, please give your child's medication to the head bus counselors in the morning. The counselors will make sure the medication is given to the infirmary, and Amy will administer the medicine at the appropriate time.

### Amy's Tip of the Week

In the summer, be sure to drink plenty of water! Stop by our many water fountains in camp or bring a water bottle from home to keep hydrated and cool!

## WEEKLY POLL RESULTS The Week One Poll is: What is your favorite part about Camp Centerland?

- Henry in Yehuda 4: The Pool
- Romee in Jr. Discovery: Zipline
- Hannah in Yehuda 3: Time with my Group
- Jacob in Yehuda 4: Zipline
- Riley in Negev: Nature
- Steven in Yehuda 4: Zipline
- Zachary in Yehuda 3: Zipline

- Gabe in Sharon: Snack
- Zach in Yehuda 4: Climbing Wall
- Adriana in Atid: Zipline
- Courtney in Atid: Zipline



The Main House at Camp Centerland

- Nate in Jr. Discovery: Ropes
- This week's favorite is: ZIPLINE!!!

# AQUATICS DIRECTOR ERIC PRESENTS: THE SWIMMING CORNER

Swimming is a big part of the day at Camp Centerland. Each day, instructional swim is in the morning and recreational swim is in the afternoon. Camp Centerland follows the swim levels designed by the American Red Cross. This is a system that is also used at both the Benderson and Holland buildings.



## Swimming Levels Explained:

**LEVEL 1:** Learn floating, gliding, early stroke development, and treading with teacher assistance and a floatation device.

**LEVEL 2:** Front crawl, backstroke, and treading continue to develop, as well as jumping in. Children must sub-

merge head fully before entering this level.

**LEVEL 3:** Advanced swim techniques needed for strokes learned in Level 4 & above.

**LEVEL 4:** Introduction & development of breaststroke, butterfly, backstroke, front crawl, sidestroke & elementary backstroke.

**LEVEL 5:** Display aptitude in butterfly, backstroke, breaststroke, front crawl, sidestroke, and elementary backstroke.

## OVERNIGHT EXCITEMENT

Our overnights are the most fun you can have in a tent! All campers in groups Negev and up can have an exclusive sleepover with their counselors from Thursday night—Friday morning. Here's a list of the overnights happening Summer '10!



- Week 2: Yehuda
- Week 3: Atid
- Week 4: Negev
- Week 5: Discovery
- Week 6: Yehuda
- Week 7: Atid
- Week 8: Discovery

And we didn't forget about Sharon! Our youngest campers can enjoy a special "Stay Late" evening all of their own on Tuesday of week 6. All our Sharon kids will enjoy dinner, swimming, and fun activities and projects just for them!

## DID YOU KNOW...

Every week, Yom Revi'ee (Wednesday) is Yom Tzva'im (Color Day)! Each Wednesday, Centerland staff will be wearing a different tsevah (color). We invite all campers to participate in Tzevah Wednesdays as well! Here's what colors we will be wearing this summer:

- Week 1: Adom (red)
- Week 2: Katon (orange)
- Week 3: Tzahov (yellow)
- Week 4: Yarok (green)
- Week 5: Kahol (blue)
- Week 6: Segol (purple)
- Week 7: Lavon (white)
- Week 8: Afor (gray)



**Yom Tzva'im!**

We apologize to week 1 campers who have not yet received their free Centerland T-shirts. They are on backorder and will be distributed as soon as they arrive.

## Camp Centerland

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We don't like "Lost". Please label EVERYTHING with your child's name, so all missing items can be considered "Found"!



## LOST AND FOUND

### Found

(Items we have found at camp... are you missing this?)

Small Pink Food Container  
with Yellow Lid

White Rhinestone Sunglasses

### Lost

(Items our campers are missing... have you seen it?)

Our Lost list is empty this week!

Have you seen the Camp Centerland zipper baggie in your child's backpack? That is your fantastically innovative, eternally waterproof, highly effective **Communication Baggie!** This is our very convenient two-way communication system that allows us to "pass notes" between camp and home, and back again! Please make sure this baggie is in your

## KEEP IN TOUCH

child's backpack every day, even if you don't have a note to send us, so that we can make sure our communications will reach you at home. We promise to check every child's baggie every morning for important notes from home. Please use this for your notes too! (Much more effective than notes to us placed in a lunch box!)

## THE SPECIALIST SPOT

Welcome to Shira! This being my first summer at Centerland, I'm very excited to share your child's musical endeavors.

We have already started singing and learning new songs! This week we learned 'Modeh Ani'.

We will start every day with singing this song at Degel (flagpole), and hopefully your child can sing it



Emily, our Shira Specialist

We will be following the camp themes and learning music that corresponds with the theme of the week. Next week's theme is Israel, and we will learn new songs about Israel.

The last, but certainly not least, thing we are doing in music every week is preparing for Shabbat. This special cele-

**This week's specialist report comes from Emily, our Shira (Music) Specialist.**

bration will definitely rock this year! The music we prepare will be fun and each group will have a chance to perform for the whole camp. At Shabbat I will also present the 'Shira Star' of the week award. This award goes to one camper who is enthusiastic, helpful, and dedicated to music. This is considered an outstanding honor for any child! I look forward to seeing every child's participation, and spending an awesome musical summer with your children!