



The Centerland Chronicle

WEEK THREE: WAY TO BE!

The third week a mer counselor Sarah loaded up the us and Camp Centerland has flown by for us all! This week was a week full of special visitors!



Centerland gets a visit from the Mr. Cool truck

It was a warm one this week, but campers were able to beat the heat with trips to the Dairy Bar, and on Tuesday we had the ice cream come to us! For-

paid Centerland a visit in her Mr. Cool truck. Delicious treats were enjoyed by all!

On Wednesday, Camp had another special visitor... Kiddie Camp! Our friends from Kiddie Camp at the Benderson Building

came to spend part of their day at the BIG Camp.

Also, Camp Centerland is calling out for recycled materials to use in art projects. Please send us your (clean & empty) yogurt containers, egg cartons, newspapers & family-friendly magazines, toilet paper & paper towel rolls, and other food canisters. Let us turn your trash into treasure!

LETTER FROM THE DIRECTORS

Dear Parents,

While a more formal invitation will follow, I wanted to cordially invite you to Parents Day 2011 on Wednesday, July 27th from 12:30-4:00pm. We would like you to join our camp community for an afternoon of "real" camp fun. I have heard many of you tell us how jealous you are of your children, so now is your chance to be a camper all

over again.

All families are welcome to attend that afternoon, whether your child is enrolled in Week 5 or not. You will meet up with your campers regular camp group at 12:30pm, follow the schedule (which of course includes free swim so bring your suits) and even enjoy a special POPSICLE WEDNESDAY!!

We will ask for RSVPs

when we send the invitation. We will also figure out a "sign-out" system at the end of the day so we take all the right campers back to all the right buildings and programs.

We hope you are excited about this new opportunity to turn back the clock, experience camp with your child and get to know the staff and counselors working with your children everyday.

Can't wait to see you there, Wednesday, July 27th.

Camp Centerland

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Special points of interest:

- ☺ Visit our website at www.campcenterland.org. You can also "like" us on Facebook and follow us on Twitter!
- ☺ Order candid Camp photos at izonproductions.com. Password: camp2011
- ☺ Label EVERYTHING!
- ☺ Campers must wear sneakers to camp.

Nurse Doug's Tip of the Week

Living in Upstate New York, it can be difficult to get your recommend amount of Vitamin D.

Surprisingly, only 10-20 minutes of direct sunlight is all your body needs!

After that, sunscreen is strongly recommended.

COUNSELOR ENCOUNTERS WITH LIZ

Meet Rachel

Hometown: Buffalo, NY

Position: Jr. Discovery

Years at Camp: 1st

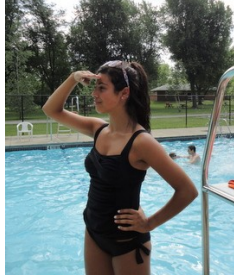
Favorite Movie: Harry Potter

Place I'd Like to Travel to: Israel or Italy

Superhero Power I'd Like to Have: Mind-reading

Pets: 1 dog, 3 fish

Favorite Ice Cream Flavor: Vanilla



Above: Rachel from JRD

Below: Nick from Sharon

Meet Nick

Hometown: South Buffalo, NY

Position: Sharon

Years at Camp: 1st

Favorite TV Show: Everybody Loves Raymond

Favorite Mid-

night Snack:

Warm Peanut Butter Cookies & Milk

Place I'd Like to Travel to: Jamaica



Anna from Sharon (with campers & spiders!)



Vision

Favorite Camp Activity: Singing at Shirah

Meet Anna

Hometown: Hamburg, NY

Position: Sharon

Years at Camp: 2nd

Favorite Color: Hot Pink

Place I'd Like to Travel to: The Moon

Superhero Power I'd Like to Have: X-Ray

SR. DISCOVERY TAKES LETCHWORTH BY CENTERLAND CORRESPONDANT BEN CHARLTON

Letchworth State Park, or the Grand Canyon of the East as it adorably calls itself, was a magnificent setting for our great group of Sr. Discovery. Upon arrival on Tues. afternoon, we went on a five mile kayak trip through the gorge. As we spent time navigating through the rapids, the unity of our group became quickly apparent. Whether it was helping a friend who got stuck or sharing a snack, the entire group

made sure everyone was enjoying themselves. This group dynamic did not disappear when we got back to our campsite. Everyone helped by gathering firewood, grilling hot dogs, and cleaning up. "It was a lot of fun having to cook our own meals and take care of ourselves" said camper Sean M. Of course dinner was followed by s'mores, campfire games, and even more bonding.

The next morning started off with more campfire cooking and,

yet again, the campers cooked a delicious meal of eggs and toast. After breakfast we capped off our trip to Letchworth with a beautiful hike along the top of the gorge. Senior Discovery Counselor, and reigning counselor of the week, Shea A. said of the trip: "it was truly a special overnight with a special group of kids." This reporter could not agree more.

KRISTINA'S WEEKLY POLL RESULTS THIS WEEK'S POLL: WHAT WAS YOUR FAVORITE CHUG SO FAR THIS SUMMER?

Samantha W. (Discovery) - Water Polo
 Jarrett L. (Atid) - Water Polo
 Neele L. (Lifeguard) - Water Polo
 Cydele D. (Atid) - Jewelry Making
 Kay B. (Atid) - Jewelry



Ultimate Frisbee: a Week 3 Chug

Making
 Court A. (Jr. Discovery) - Shoe Golf
 Tobey F. (Yehuda) - Shoe Golf
 Iris M. (Yehuda) - Water Polo
 Eric R. (Negev) - Jewelry Making
 Evelyn D. (Negev) -

Jewelry Making
 Hayley E. (Negev) - Water Polo
 Kristina Y (Negev) - Water Polo
 Tessa S (Negev) - Shoe Golf
 Mike L. (Shirah) - Frisbee

**This Week's Winner:
 Water Polo!!!!!!**

THE LIFEGUARDS PRESENT: THE SWIMMING CORNER

Some notes from the Goldman and Jordan Pools:

- We've got music this week! Yay! We got our stereo back. Campers were able to jam out during free swim. We had some groovy dance parties this week!
- Most of the bubbles came off this week! Campers are becoming stronger swimmers and more confident in the water.
- Treading has swept the camp. Treading water contests were a hit this week! Some campers lasted 5 minutes. Yay Yehuda!

- Senior Campers continue to develop better stroke techniques through warm-up laps.
- Atid has improved marvelously with their buddy checks. They also began working on flip turns.
- Discovery started Junior lifeguarding this week, and learned basic water rescue skills.
- Sharoners are bubble-blowing champions now!
- Several campers are overcom-

ing their minor fear of the water. We told them it wouldn't bite!



Jr. and Sr. Discovery hop in the Goldman Pool for some warm-up laps!

OVERNIGHT EXCITEMENT

This week, Sr. Discovery had a 2-day overnight and water adventure trip to Letchworth State Park.

Meanwhile, Jr. Discovery and the CITs had a glow-in-the-dark themed event at Camp on Tuesday night, and the rest of Discovery celebrated the great American pastime Thursday night with their baseball-themed evening. The campers got to take in a evening Bison's game, then came back to some campfire stories and s'mores.

Atid is looking forward to seeing

Overnight Schedule 2011

Week 3: Discovery

Week 4: Atid

Week 5: Negev

Week 6: Sharon Stay Late

Week 6: Yehuda

Week 7: Discovery

Week 8: Atid

Right: Sr. Disco campers Anthony & Isabel with counselor Shea at Letchworth.

what adventures are in store for them next week at the Camp Centerland overnight!



Left: Discovery at the Bison's game



DID YOU KNOW...

Camp Centerland may end on August 19th, but the "camp" fun continues for the rest of August at the JCC Buildings. Join the Holland and Benderson Buildings for our Extended Summer Vacation Camp, August 22-31.

The first week of Extended Summer Vacation Camp, campers will be

traveling to the Gloria J. Parks Community Center to participate in the "Urban Hands-on Environmental Science & Sports Skills" Camp. The JCC is partnering with the Gloria J. Parks Community Center, AmeriCorps, and Science Firsthand Learning to bring this unique experience to our campers.

Other field trips include a local beach trip, the Buffalo Zoo, and a visit to the Penn Dixie site. Registration forms went out to families beginning this week. Register soon, spaces are limited! Please contact Camp if you have not received a registration form.

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Got something newsworthy for the Chronicle? Email your jokes, pictures, article ideas, favorite moments, or anything else YOU would like to see in the Chronicle to Christine at:

cdusher@jccbuffalo.org

LOST AND FOUND

We don't like "Lost". Please label EVERYTHING with your child's name, so all missing items can be considered "Found"!

Missing

(Items our campers are missing... have you seen it?)

- Grey canvas zipper lunch Box with name inside cover
- Black Timex watch with black rubber strap

Lost

(Items we have found at camp with no name on it...)

- Junior Girls "Inked & Faded" Cut-off Denim shorts (4)
- Boys "Land's End" Nylon Blue Shorts with Red Leg Stripe (L)
- Boys "Old Navy" Nylon Khaki Shorts with Blue Piping (7)
- Boys "Gap Original Fit" Denim Shorts (6H)
- Boys "Cherokee" Cotton Khaki Shorts (S 6-7)
- "Gymboree" Navy Blue Cotton Cargo Pants(10)
- "New Legends" Black Hooded Zipper Sweatshirt with "Power Sports" Logo (S 7-8)
- Blue Swim Goggles with White Strap
- Boys "Cherokee" Red Swim

- Trunks with Black, Grey & White Stripe (M 8-10)
- Boys "Jumping Beans" Navy Blue Swim Trunks with Surf Boards (L 7)
- Boys Grey T-Shirt with faded "Star Wars" Art
- Canvas Khaki Belt with metal D-shaped belt closers
- Blue & Green Striped "Eddie Bauer Home" Towel
- Navy Blue Buffalo Bill's Championship Hat
- Purple "Kohl's" Water Bottle with Freezable Insert
- Blue "Rubbermaid" Water Bottle with Green Cap
- Wegmans Continuous Spray Sunscreen in Brown and Orange Bottle SPF 70
- RiteAid Kids Sunblock Lotion in Yellow & White Bottle SPF 50

THE SPECIALIST SPOT

On Belay from the Ropes Staff! We have 3 ropes specialists working at Camp Centerland this summer: Bryan Tripp, Alex "Buster" Basinski, and Jaclyn "Ducky" Lawrence. Bryan is a middle school science teacher during the school year and this is his 4th summer at Camp. Buster has been a main stay at Camp for years. He currently attends Canisius College. Ducky joins us as a senior physical education major at Cortland. She also plays collegiate volleyball.

So far, we have had a lot of fun with the campers this years facilitating the ropes activities. The climbing wall has been a main feature of the camp for many years. Campers are first required to learn the safety rules of climbing, putting on a safety

harness, and learning the climbing commands. Younger or inexperienced climbers will start at the front of the wall which is typically easier to ascend. Old and more experienced climbers have the option of trying to tackle the back wall which slants towards the climber at the top.

The second ropes element that the campers rave about is the Zip Line. Campers climb about 15 ft. up a rope ladder (while attached to a safety rope!) to a platform that is attached to a tree. Once

on the platform, campers are then attached to 2 safety ropes to a trolley that will slide along a cable. The camper will then step off the platform to feel the adrenaline rush of a 6-10 ft. drop. He or she will continue down the Zip Line going over the creek until they see the red rope that will stop them.

A third component of the Ropes Course is the low ropes and team building challenges. Campers learn cooperation, problem solving, and coordination. Happy Climbing and Zipping!

THIS WEEK'S REPORT COMES FROM BRYAN, ALEX AND JACLYN AT THE ROPES COURSE



Alex, Jackie, and Bryan:
The Ropes Family Portrait