



The Centerland Chronicle

WINDOW INTO WEEK THREE

Camp Centerland

Volume 2, Issue 3

July 15, 2010

Yom Tov (Good day) to all our wonderful Centerland families! Week 3 is in full swing at Camp Centerland, and we are really getting into the swing of things now.

"Chaverim," meaning 'friends' is the theme of the week. Campers will be discussing what

friendship means to them, making friendship bracelets, giving back to the community, writing and singing their own songs, and painting a banner about friendship to be hung in the JCC. Most relevant to our theme is the friendships we make and keep for all our lives here at camp!

We had some special visitors this week. Kiddie Camp stopped by to play with us on Wednesday. Groups Segol, Katom and Yarok/Afor from Kid-



Atid girls work on a project at Amanut

die Camp joined our Sharon and Negev groups for a day of specialist activities, swimming, and everyone's favorite Popsicle Wednesday!

Thanks for another great week! Stay tuned to the Chronicle!



Negev plays an exciting game of soccer.

Special points of interest:

- ☺ Apply sunscreen to your child every morning.
- ☺ Label EVERYTHING!
- ☺ Campers must wear sneakers to camp.
- ☺ Please bring goggles.
- ☺ Please refrain from sending in snacks with traces of peanuts or nuts.

Nurse Amy's Tip of The Week

Wear sneakers every day! Sneakers are the best choice for the active child at camp. Wearing sneakers will support your feet and ankles during the outdoor games, rock climbing, and nature hikes. Also, bees are starting to make the appearance this summer. Sneakers are a great defense against bee stings and insect bites on your feet!

LETTER FROM THE DIRECTORS

We are proud to announce that camp filled to its biggest capacity yet this past week. We have so many surprises, cool activities, and skills to learn in the next weeks of camp, we can hardly wait! To ensure that notes arrive to you dry and intact, we gave each camper a JCC

CAMP plastic zip bag. We collect these each morning so please remember to keep that bag in your camper's backpack. Sometimes the bag will be returned empty, but sometimes there will be newsletters, updates, permission slips or invitations. Thank you for your feedback

and support. As always, feel free to get in touch with questions, concerns, or to add more weeks to your camper's experience :)
Lauren Cohen, Director
Christine Sarra, Assistant Director

COUNSELOR ENCOUNTERS WITH ALCIA

Meet Justin

Hometown: Long Island, NY
 Position: Senior Discovery counselor-2nd year at Camp Centerland

Hobbies: Music, cooking traditional Jewish cuisine

Favorite Movie: Eternal Sunshine of the Spotless Mind

Favorite Food: Spaghetti & sausage

Goal: "To be successful like Mick Jagger"

Talent: "I make a mean matzo ball!"



Justin and Carrie from Discovery

Meet Carrie

Hometown: Baldwinsville, NY
 Position: Discovery Supervisor-2nd year at Camp Centerland

Hobbies: Violin and rowing

Favorite Food: Cheesy Goodness

Favorite Movie: Bourne Identity

Goal: "To be the best group at camp"

Quote: "Jewish in the summer"

Talent: "I can wiggle my ears"

Meet Jillian

Position: Sr. Discovery Counselor: 1st year rookie

Favorite Food: Donuts

Favorite Movie: Zoolander

Hobbies: Long walks in the beach, ghost-busting, Madonna Impressions

Talent: Walks on her hands

Goal: To be garbage can game champ!

Best Feature: Her left pinky finger.



Jillian from Discovery

DISCOVER DISCOVERY

Discovery's Supervisor Carrie shares with us a glimpse at what our oldest campers are up to this summer.

Discovery is a very large group this summer but it is not stopping them from having a blast! They have gone bowling, roller skating and have visited the science museum.

This week Senior Discovery ran a car wash and raised an impressive \$171.00 for the Buffalo

Zoo! They worked very hard, and their efforts will be rewarded with a trip to Fantasy Island this week!

Junior Discovery has also been enjoying their activities at camp. The first week of camp they competed in a World Cup race and the second week they

got to play kickball with a slip-n-slide. Both groups will be visiting the Heritage Center next Thursday.

Both Discovery groups are having a terrific summer filled with exciting trips, good friends, and favorite activities!

Rachel in Yehuda 4 Girls: Jump on trampoline

Soleigh in Yehuda 4 Girls: Sleepovers

Dani "CIT": Talk

Jordana in Negev: Swimming

David in Negev: Ride bikes

Ilona in Yehuda 3: Talk

WEEKLY POLL RESULTS:

THE WEEK 3 POLL IS: WHAT IS YOUR FAVORITE ACTIVITY TO DO WITH YOUR BEST FRIEND?

Emmy in Sharon: Hold hands

Jimmy in Jr. Discovery: Talk

Alex in Jr. Discovery: Play sports

Can you say Maccabiah?

That's right, Color Wars are coming to Camp Centerland Week 4! Are you ready?

AQUATICS DIRECTOR ERIC PRESENTS: THE SWIMMING CORNER

This week during swim lessons, the children learned water survival skills. They practiced the tuck survival float and treading water. Other topics included hypothermia and how to help a friend if they fall through ice.

On Friday, Discovery experienced swimming with their clothes on. They were taught how a sweatshirt and pants

can be used as floatation devices if ever stranded and unable to swim to shore.



Yehudas getting ready for Instructional Swim

Swimming Levels Explained:

BASIC SKILLS 1&2: Children who swim with the assistance of a noodle or bubble.

LEVEL 1: Learn floating, gliding, early stroke development, and treading with teacher assistance and a floatation device.

LEVEL 2: Front crawl, backstroke, and treading continue to develop, as well as jumping in. Children must submerge head fully before entering this level.

LEVEL 3: Advanced swim techniques needed for strokes learned in Level 4 & above.

LEVEL 4: Introduction & development of breaststroke, butterfly, backstroke, front crawl, sidestroke & elementary backstroke.

LEVEL 5: Display aptitude in butterfly, backstroke, breaststroke, front crawl, sidestroke, and elementary backstroke.

OVERNIGHT EXCITEMENT

Yehudas had a terrific time kicking off our overnight experiences at their "Buffalo Sports"-themed evening. Up this week: Atid! The Atid groups will party luau-style this week. Put on your grass skirts and leis to start in style! Activities will include



WARNING: Some campers may experience **TOO MUCH FUN** at our overnights! Side effects: **May cause drowsiness!**

swimming, a cookout, Hawaiian Fruit Smoothies, a invigorating game of Orball, make-your-own-leis, and more!

Next week the Negev group will be sleeping under the stars. See you with your sleeping bag!

Overnight Schedule 2010

Week 3: Atid

Week 4: Negev

Week 5: Discovery

Week 6: Yehuda

Week 6: Sharon Stay Late

Week 7: Atid

Week 8: Discovery

The Camp Centerland Family Picnic is coming quickly! Wednesday, August 18 (that's Week 8 in "camp lingo"), families are invited to join us at camp for dinner, live entertainment, swimming, and an evening of "typical" camp activities. All families are invited to attend, even if you aren't signed up for camp that week.

This year, all the groups will participate in creating projects that will be available for sale at the Family Stay Late. All proceeds from these projects will benefit Alex's Lemonade Stand Foundataion, which is a charity that raises money to research cures for all pediatric cancers.

DID YOU KNOW...

Support a great cause, meet other Centerland and Kiddie Camp families, mingle with our fantastic staff, and learn what all the buzz is about at the Camp Centerland Family Picnic! Invitations will be sent to families soon. We're looking forward to seeing you there!

Camp Centerland

2280 Bullis Road
Elma, NY 14059

Phone: 716-652-4250
Fax: 716-687-1873
Email: lcohen@jccbuffalo.org

LOST AND FOUND

We don't like "Lost". Please label EVERYTHING with your child's name, so all missing items can be considered "Found"!

Lost

(Items our campers are missing... have you seen it?)

White Water Bottle
DS Game

Found

(Items we have found at camp... are you missing this?)

Blue & White Rusty Swim Trunks (10)
Orange & Blue Striped Towel
Small Peach Towel
2 pairs Old Navy Boxers (M)
Black Hanes Briefs (M)
Brown Hat with Pink Flowers (10-14)
Small Crystal Stud Earring
Blue xhilaration Girls Underwear (M)
White Bisons Travel Mug



SEEING RED AT CENTERLAND

Camp Centerland is all about showing our spirit. Each Friday, we like to show off our Centerland Spirit by proudly wearing our Centerland gear. Kids and counselors are all encouraged to put on their red T-shirts and

Are you still waiting for your T-shirt? On Friday, wear an old Centerland T or just come in your favorite red shirt!

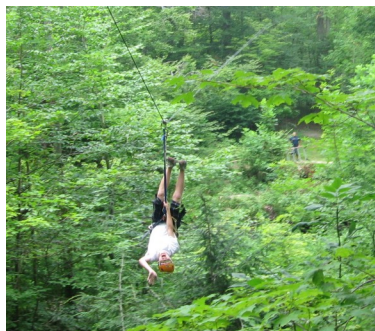
show how proud they are to be a part of "the best summer camp in Elma".

The backordered Centerland T-shirts have arrived! They will be available for distribution on Friday, July 16. Thank you for your patience. They are worth the wait!



THE SPECIALIST SPOT

On Belay from the Ropes Staff! We have 3 ropes specialists working at Camp Centerland this summer; Bryan Tripp, Alex "Buster" Basinski, and Alex "McMuscles" McCausland. Bryan is a middle school science teacher during the school year and this is his 3rd summer at Camp Centerland. Alex Basinski is back with us after taking a summer off to get ready for college. He currently attends Canisius College. We are happy to have Alex McCausland on the ropes staff after many years as an eager to help camper.



Alex B. on the zip line

This week's specialist report come from Bryan, Alex B. and Alex M, our Ropes Specialists.

So far, we have had a lot of fun with the campers this year facilitating ropes activities. The climbing wall has been a main stay at camp for many years. Campers are first required to learn the safety rules of climbing, putting on a safety harness, and learning the climbing commands.

These commands are put in place to ensure that the climber and belayer (person who controls the climbing rope) are both ready for climbing. Younger or inexperienced climbers will start at the front of the wall which is typically easier to ascend. Older and/or more experienced

climbers have the option of trying to

tackle the back wall which slants towards the climber at the top. Campers are constantly challenging themselves by climbing blindfolded or backwards.

The 2nd ropes element that the campers rave about is the Zip Line. Campers climb about 15 ft. up a rope ladder (while attached to a safety rope!) to a platform that is attached to a tree. Once on the platform, campers are then attached with 2 safety ropes to a trolley that will slide along a cable. The camper will then step off the platform to feel the adrenaline rush of a 6-10 foot drop. He or she will continue down the Zip Line going over the creek until they see the red rope that will stop them. Again, campers love to challenge themselves by jumping off the platform, going backwards, using no hands, or ultimately all 3 combined! Happy Climbing and zipping!!